



Erina News

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Erina High School
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Upcoming Events

14 September
Year 7/8 Oz-Tag

16 September
HSC Music Exam
Drama Room

22 September
Year 12 Presentation
Assembly & Reports
Distributed

Message from the Principal

2017 School Captains and Vice Captains

Congratulations to Sophie Duruz and James Rhodes 2017 School Captains and to Lachlan Walter and Isabella Masia Vice Captains, proudly supported by the Senior Leadership Team including Nathan Boler, Bronte Fenech, Georgia Forrest, Chloe Self and Casey O'Connell. A fabulous group of young people who will lead the Student Body with great enthusiasm and passion for their school. Well done!!!



Year 12

As the term comes to an end I would like to wish our 2016 year 12 students all the very best of luck in the upcoming HSC exams. They have worked incredibly hard and after 13 years of education they sit their final exams. On behalf of the school community I wish them every success now and in the future. Always be proud to have been a student at Erina High School.

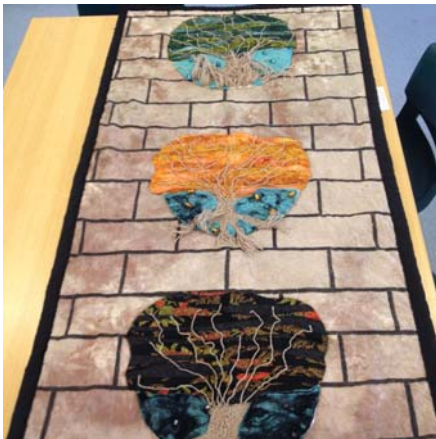
Year 11

Weeks 9 and 10 will see year 11 students commence their final preliminary exams and I also wish them the best of luck as they complete this stage of the senior school. Successful completion of the preliminary course will allow students' progress to the HSC year which will commence week 4 next term.

Staff

Thank you all of our staff for their hard work throughout the term and especially to our HSC teachers who have ensured our students are well prepared for the final exams. Students who have completed a HSC with a practical component have received countless hours of additional support from their teachers to perfect their major works in Art, Textiles, Industrial Technology Timber and Multi- Media, performances in Drama and Music and extensive Personal Interest Projects in Society and Culture. Not to mention the countless drafts that have been edited by staff in English, the Humanities and extra tuition in Mathematics refining practical skills in Hospitality and Construction and the many courses that have provided additional revision work. It has indeed been a huge effort for staff and students and on behalf of year 12 I express our thanks and appreciation to the staff that have gone over and above to ensure our students have every opportunity to be successful!!





Enjoy the spring break and take the opportunity to spend time with family and friends and be safe!

School resumes on Monday 10 October for all staff and students. We do not have a school development day at the start of the term as it is held at the end of the term on Monday 19 December which is a student free day. Term 4 for students concludes on Friday 16 December .

Yours Sincerely

Mrs Karen Nicol
Principal

English/Drama

Junior English students are coming to the end of their Area of Study units. Students have studied a variety of texts in relation to their specific topic, and will use the content learned to structure an essay that highlights a particular aspect of the focus area. Essays will be written during an allocated English lesson and students will have 50 minutes to complete this task.

Year 7 English students will compose an essay about the theme of fear in Edgar Allan Poe's *The Tell Tale Heart*. Year 8 English students are focusing on the topic of Multiculturalism and will write their essay about one core text and one related text studied in class. Year 9 English students are focusing on Aboriginal Experience and will write their essay about the film *Rabbit Proof Fence* and one related text. Year 10 English students are focusing on the topic of power and will write their essay about one core text and one related text studied in class.

Year 11 English students are about to begin their Preliminary Yearly Examinations, from Monday 12 September until Wednesday 21 September.

Year 12 English students have recently completed their Trial HSC Examinations, and are now revising and studying for their final HSC Exams. Their continued dedication and positive approach to study is admirable and we wish them all the best as they embark on the final challenge of the HSC Examinations.

Year 12 Drama students have just completed their HSC Practical Performance Exam. We are extremely proud of their effort and achievement, and thankful for their amazing commitment to this subject. They have proven themselves to be impressive performers and their dedication and talent has been evident. Congratulations Year 12 Drama!



YR10 PASS CAMP REPORT – “ERINA HIGH GOES BATO YARD IN THE FOREST”

The trip began at Erina High School on Wednesday morning the 31 August. The sun was shining and clear skies were ahead. The Year 10 PASS group were headed to the Olney State Forest, near Cooranbong, and Mr Jones was the bus driver getting us there. Miss Walsh drove back up in her car. We went to the Watagans to practice the skills that we had learned in Year 9 during our Outdoor Recreation unit. We cooked over open fires, pitched out own tents and went for a walk through the forest. The cry of “Bato Yard” was often heard, which usually ended with some of the boys practising their wrestling skills in tents. For some, it was the highlight of the trip. Everyone did a good job as campers, and Bailey Little was quoted as saying “this was the best school trip he’d been on”

Thanks Mr Jones and Miss Walsh for putting up with us.

Caine Linhart (Bato Yard camper)



UNDER 15'S GIRLS BASKETBALL

On the 25 August, Erina High's Under 15 Girls Basketball Team travelled to Terrigal Sports Stadium for rounds 3 and 4 of the 2016 knockout competition. Facing Brisbane Water Secondary College in round 3 the girls played extremely well and managed to come away with a 5 point victory. Led by Maddison McVey and senior team members Paris Edwards and Tiarna Holmes, Erina built an early lead they never relinquished, while a few clutch baskets by Ruby Smith ended any hopes BWSC had of a comeback.

Round 4 saw Erina come up against a much more experienced Cammeraygal team who had a convincing near 40 point win earlier in the day. The girls did a tremendous job of dictating the game's tempo in the early going and possession-wise managed to gain a significant advantage. However, Erina just couldn't seem to buy a basket for the majority of the game and unfortunately fell into a hole too deep to climb out of, eventually losing and therefore ending their 2016 Under 15 campaign.

Despite having arguably the youngest team in the competition, the girls played hard every possession and displayed great teamwork throughout both games. Expect good things to come in the future for this talented bunch of young girls. MVP for the day again went to Maddison McVey, while the coaches award went to Tasmin Hill who managed to keep the girls motivated and upbeat from the bench despite being out with a lower leg injury. Special mention to Lachlan Bathis and Declan Kennedy who helped out with bench duties.

Erina High team members: Holly Evans, Paris Edwards, Tasmin Hill, Tiarna Holmes, Bailey Mannion, Sarsha McGurk, Maddison McVey, Tayla Montgomery, Ruby Smith, and Lauren Walker .

Coach Saisell



TELL THEM FROM ME PARENT SURVEY

This Term, our school will be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 22 August and 21 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated. The link to the survey for Erina High School Parents is <https://nsw.tellthemfromme.com/erinaparents2016>

We invite and encourage all parents of students at Erina High School to take part in this important feedback opportunity. More information about the survey is available at: <http://surveys.cese.nsw.gov.au/information-for-parents>

PARENT LEARNING USER GROUP – GOOGLE APPS

The scheduled date for the Term 3 PLUG has been moved to the 14 September, from 7pm – 8pm. This workshop is a chance to explore the Google Apps suite that many students at Erina High School are using as part of their learning. If you are interested in attending, please complete this short survey. <https://goo.gl/ialjWx>
There will be a lucky door prize drawn as well!

YEAR 7/8 BOYS AND GIRLS TOUCH FOOTBALL

Well done to both our Boys and Girls Year 7/8 Touch Football sides who competed in the Annual Central Coast Touch Football Tournament held at Adcock Park, West Gosford.

Our boys teams came away with wins against St Phillips, Wadalba and Lisarow and had a very tight 2-2 draw with BWSC. Our boys finished 2nd in their pool and went on to verse Kariong in the finals. Unfortunately our boys lost in a very close game 3-1.

Our girls also performed extremely well coming away with wins against Gorokan, Northlakes, Wyong and BWSC. Our girls also finished 2nd in their pool and then came up against Terrigal in the finals. Our girls never gave up and demonstrated some outstanding skills however, they went down 3-1.

Well done to both teams. They represented Erina with pride and built an excellent foundation for next year.

Go Erina!
Mr Keyes



VALID 10

Year 10 students have been completing their on-line Science assessments to provide a clearer picture of their progress in Science Investigative skills. This is a multimedia test where students examine experimental results and video articles of a scientific nature. It helps us to revise our programs and better meet the individual requirements of students.

We have been developing a more exciting way of assessing students as a result of the surveys and information provided from past Valid10 assessments. The new assessment tasks will be trialled this year and will be in operation in 2017.

Brian Huntington



YEAR 9/10 NETBALL

The 9/10 Girls Netball team had an amazing day at Adcock Park Friday 26 August. The girls were nervous going into their first match against Kincumber but they were victorious with a 12-7 win. The girls went on to defeat Wadalba 16-12, Ryde 11-7 and finished off the day with a huge 19-6 win over Lisarow.

Well done to all of the girls who represented EHS and special thanks to Janai Edwards and Georgia Forrest who volunteered their time to umpire and score for the day.

Go Erina!
Miss Moore



HOME ECONOMICS FACULTY

Year 11 Textiles have completed their assessment task where they constructed a corset which involved fabric colouration and surface decoration. Year 11 Food Technology also planned and prepared a variety of meals which would be suitable for a large extended family taking into consideration the nutrient requirements across the varying age groups. Year 9 Food Technology were entertained by a couple of "guest head chefs" (Jordan Hood and Sam Hughes) who demonstrated their skills in preparing Chocolate Baskets. Yr 7 Technology Mandatory students have been busy sewing aprons ready for their foray in the Kitchen next term.

Mrs Adamski



A REMINDER TO PARENTS TO NOTIFY THE SCHOOL ABOUT YOUR CHILD'S HEALTH

We strongly encourage parents to provide updated information about your child's health, even if you are not requesting specific support from our school. Our school asks for medical information when you enrol your child. It is also important that you let us know if your child's health care needs are changing or if a new health condition develops.

Erina High School is currently updating student Health Care Plans and Emergency Response Plans to ensure they remain up to date with WHS and DoE requirements. If you have indicated that your child has a health concern, such as asthma or an allergy, you will be sent a letter which outlines the current documentation required by the Department of Education. Please read this information carefully. In some cases, parents will be required to provide Action Plans or supporting documentation by a doctor or a health care professional. Failure to provide the required documentation will result with a referral to the Westmead Children's Hospital Community Nurse. Students without current health care plans may be prevented from participating in some school based and extra-curricular activities.

Information about allergies, medical conditions such as asthma and diabetes and other health care related issues (including prior conditions such as medical procedures in the last 12 months) should be provided to the school by parents. Please provide this information in writing to the principal. This will greatly assist our school in planning to support your child's health and wellbeing.

Please also remember to notify staff in the school office of any changes to your contact details or to the contact details of other people nominated as emergency contacts.

We appreciate your assistance in this regard and assure you that any information you provide the school will be stored securely and will only be used or disclosed in order to support your son or daughter's health needs or as otherwise required by law.

Parenting Programs

Wyoming Schools as Community Centres

In the grounds of

Wyoming Public School

Registrations: Contact Philippa on

0477 317862 or

e: philippa.skipper@det.nsw.edu.au

Family Counselling/relationships

Interrelate Erina

213 The Entrance Rd, Erina NSW 2250

Phone: (02) 4363 8050

Counselling, Mediation & Dispute Resolution, Support for Carers, Support for Indigenous Communities, Family Mental Health, Personal Helpers and Mentors

UNIFAM COUNSELLING AND MEDIATION SERVICES

Street Address: Lvl 2, 15 Watt Street, Gosford 2250 Phone: (02) 4325 9666

Email Address: gosford@unifamcounselling.org

Service Description: Family counselling, mediation, relationship education.

Childrens Mental health/ Groups

Counselling - FACETS

Family Assessment Consultation Education Therapy Services (FACETS) is a clinical therapy team consisting of experienced social workers, clinical psychologists and a perinatal, child and adolescent psychiatrist.

The team provides a family focused therapy service for pre-school and primary school aged children and their families, addressing concerns about the child's behaviour, emotions, social relationships and development. FACETS services are based at community health centres in Gosford (Gateway Centre), Woy Woy, Kincumber, Long Jetty, Lake Haven and Wyong Central.

FACETS offer the following services:

- information, education and advocacy for parents, carers and professionals
- comprehensive assessments to understand the needs of both the referred child and the family
- family therapy, utilising the resources of the family
- groups for children, parents and carers
- parent-child relationship therapy with a focus on attachment
- behaviour management
- child therapy

Families can refer their child directly by calling one of the centralised intake lines: For school age children, contact FACETS intake line on 4328 7988. For pre-school age children, contact the Perinatal intake line on 4328 7901.

SHOWCASE

At the beginning of the year our Indigenous students were invited to audition for selection to work with NAISDA at Kariong. Five of our students were successful and worked hard going to workshops and rehearsals throughout Terms 1 & 2. This dance group then performed at the Central Coast Dance Festival and Showcase. Well done to Ella Aldrick-Emanuel, Casey and Tahlia Nugent, Tyrece Tohu and Brock Wilson.

J Ruming, G Padroth, R Miller



SCHOOL BANKING

Payments may be made by students before school or during break. On the last day of term, Friday 23 September, payments will close at the end of break 1.

Did you know that you can make payments online? This is a secure payment page hosted by Westpac. You can pay: voluntary school contributions, subject contributions, excursions, sport, creative and practical arts, sales to students and other. Log onto the school site at : www.erina-h.school@det.nsw.edu.au, click on "Make a Payment" and follow the prompts to make a payment via Visa or MasterCard.

MACQUARIE UNIVERSITY GLOBAL LEADERSHIP ENTRY PROGRAM

Congratulations to Nischala McDonnell of Year 12 who has been successful in receiving early entry into Macquarie University through the Global Leadership Entry Program. Nischala has accepted her offer and will now start a double degree in a Bachelor of Environment with a Bachelor of Laws in 2017.

Nischala has been a very active member of the Erina Learning Community throughout her high school career, leading and assisting in numerous fundraisers and leadership programs. We wish Nischala the best of luck as she now moves into tertiary education. Well done Nischala!

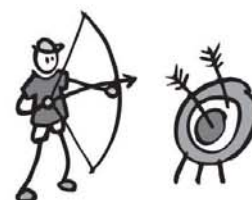
Mr Keyes and Miss Kearney (Year 12 Year Advisors)



FUN **KIDS**

HOLIDAY ACTIVITIES

Sept/Oct 2016



	AGE+COST	DATE+LOCATION
ARCHERY (INDOOR) – Get on target & challenge the kids with this great Olympic sport. 10am-12pm or 1pm-3pm	8-15 years \$20	Tuesday 4 October, Gosford
CANOEING/KAYAKING - Experienced guides will ensure safety is the number one priority, followed closely by lots of fun. Participants must be able to swim 50 metres. 10am-12:30pm	10-16 years \$33	Tuesday 4 October, Avoca Lagoon
GYMNASTICS INTRODUCTION – 2 day program (indoor). This introductory program includes basic fundamental movement and gymnastic skills will be taught which would include specific apparatus safety in a fun and friendly environment with accredited coaches. - 12pm-2pm (4 hours in total)	5-12 years \$30	Tuesday 4 October, Berkeley Vale
PARKOUR (INDOOR) - is a non-competitive physical discipline of training to move freely over and through any terrain/surface using only the ability of the body principally running, jumping, climbing improving attributes required for movement which include functional strength, fitness, balance, spatial awareness, agility, co-ordination, precision, control and creative vision. When booking, please advise your child's experience (if any) with Parkour. 3-5pm (2 hour program in total)	7-13 years \$20	Monday 26 September or Tuesday 4 October, Berkeley Vale
SAILING - 3 day program. Join in on the fun on the water and learn to sail. Catering for beginners to advanced, this program is taught Yachting Australia instructors on dinghies. Participants must be able to swim 50 metres. 9:30am-3:30pm (18 hours in total).	7-16 years \$195	28, 29 & 30 September (Wed-Thurs) or 5, 6 & 7 Oct (Wed-Thurs), Gosford Sailing Club
SURF LIFE SAVING - Kids will learn about beach and surf recreation whilst having loads of fun. 10am-2pm. (Parents must be at beach by 2pm to pick up participants).	8-15 years \$20	Friday 7 October, Terrigal Beach
SURFING - Learn to surf with Central Coast Surf School in a fun, safe environment with professional experienced instructors. Soft surfboards, wetsuits, rash vests and sunscreen are supplied. You'll be stoked with your progress in our 3-day course. (4.5 hours in total).	7-16 years \$95	28, 29 & 30 September or 5, 6 & 7 October at Umina or Avoca Beaches (Wed-Thurs - times vary at both beaches, please check on booking)
STAND UP PADDLE - It's fun and easier than you think. Within just one lesson, we will have you up and paddling. This program is jam-packed with useful tips and techniques so you quickly gain skill and confidence. 10:30am-12:30pm.	11-16 years \$33	Wednesday 5 October, Avoca Lagoon
TENNIS GOSFORD – 3 day program. This great value clinic for 5 to 16 year olds is run by experienced coaches from Gosford Tennis Centre and caters for all levels. It doesn't matter whether you have never played or if you want to improve your skills. This clinic covers all aspects of the game including court etiquette, the different shots (forehand, backhand, volleying etc) and learning the rules, matchplay and scoring. Lunch is included each day. If torrential rain or extreme heat (38 degrees & above) is predicted, the program will go ahead, however, we will do our best to contact clients beforehand to see if they would like to still attend on that day of the extreme weather event. If not, a partial refund may be offered. 9am-3pm (18 hours in total for 3 day program)	5-16 years \$130	28, 29 & 30 September (Wed-Thurs)

Youth Services School Holiday Program

OCT

 September 26 -
October 7 2016

MONDAY 26
**Idea to Screen:
Short Film
Program**

 The Hub, Erina
10am to 1pm

**Workshop 1: Acting, text and
subtext. Acting For Film.**

 For actor/directors who want
to create their own films, TV,
or YouTube channel. Develop
performance-driven scenes
and capture them for the
screen. This is a drama class
with professional film
equipment.

 Cost: \$90 for 3 x workshop
series

Ages 15 to 25 years

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
**Kariong Vacation
Care Indoor Sports
Day**

 Kariong Youth Centre
10am to 2pm

 Join us for a fun sports day -
all primary school children
welcome. Children can be
dropped off and picked up
from Kariong Neighbourhood
Centre outside these hours
(between 6.30am to 6.30pm).
Parents must provide lunch,
snacks, and a drink bottle.
Cost: \$60 per child

 Bookings via
www.knc.net.au/oosh.
For enquiries, call 4340 4561
or 4304 7039.

**Skate, Scoot &
BMX Skills
Development
Run by Slam
Factory Coaches**

Copacabana

 12pm to 1pm: Ages 5+
Beginner Scooter Skills

 1pm to 2pm: Ages 12+
Intermediate Scooter Skills

*This workshop is to improve
their skills and learn some
new tricks.*

 2pm to 3pm: Ages 5+
Beginner Skate Skills
*Want to learn how to drop
into the bowl? Try this
beginner workshop.*

 3pm to 4pm: Ages 12+
Intermediate Skate Skills

*This workshop is for young
people who would like to
improve their skills.*

To book, call 4325 8102.

TUESDAY 27
**Grasshopper
Soccer Holiday
Fun Days**

 Kariong Youth Centre
9am to 3pm

 Morning tea, afternoon tea
and free water bottle
included. Children will be fully
supervised and no pass outs
available. Ages 5 to 12 years.
Cost: \$75 per day.

 Sibling discount: Pay \$55
for second child per family.

 Three-day super special:
Book three days for \$200
per child, saving \$25.

 To book, call 0438 207 103
or 4304 7039, or visit
[www.facebook.com/
grasshoppercc](http://www.facebook.com/grasshoppercc)
**Idea to Screen:
Short Film
Program**

 The Hub, Erina
10am to 1pm

**Workshop 2: Capturing
your scripted dialogue to
best effect on camera.**

 Cost: \$90 for 3 workshops.
Ages 15 to 25 years.

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
**Music Jam
Workshop**

 Kincumber Youth
Centre, 12pm to 3pm

 Learn a musical instrument.
Ages 10+ years.

To book, call 4325 8102.

**Beginner BMX
Skills Workshop**

 Kariong Skate Park,
Mitchell Drive
12pm to 1.30pm

Ages 5+. Cost: Free.

To book, call 4304 7039.

T-Shirt Making

 Kincumber Youth
Centre, 1pm to 2.30pm

 Create your own custom
t-shirt, in a design you love.
Ages 8+ years. Cost: \$3.

**Limited spots available -
to book, call 4325 8102.**
**Intermediate BMX
Skills Workshop**

 Kariong Skate Park,
Mitchell Drive
1.30pm to 3pm

Ages 5+. Cost: Free.

To book, call 4304 7039.

WEDNESDAY 28
**Amy Cash Fitness:
Kids School
Holiday Mixed
Soccer Gala Day**

 Kariong Ovals Mini
Fields, 98 Mitchell Dr
School Years 3-6:
8.40am to 3pm

 School Years K-2:
9am to 3pm

 There'll be games and prizes
on the day. Cost includes
coloured team shirt, morning
tea, fruit break, lunch and
sunscreen.

Cost: \$30 per child.

To book, call 0434 390 011.

**Drama Workshop
with Selena
Maloney**

 Kincumber Youth
Centre

6-10 years: 9.30am to 11.30am

11-16 years: 9am to 3pm

 Engage in confidence-
building drama exercises and
explore character-building
virtues.

Cost: \$30.

 To book, call 4325 8102 or
email [shinemusicaltheatrics@
gmail.com](mailto:shinemusicaltheatrics@gmail.com)
**Idea to Screen:
Short Film
Program**

 The Hub, Erina
10am to 1pm

**Workshop 3: Editing your
actors performances.**

 Cost: \$90 for 3 workshops.
Ages 15 to 25 years.

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
Surf Skills

 Umina Beach
2pm to 3.15pm

 Central Coast Surf Academy
will teach you the basics of
surfing and surf safety.
Ages 10+ years.

Cost: \$10.

To book, call 4325 8102.

THURSDAY 29
**Grasshopper
Soccer Holiday
Fun Days**

 Kariong Youth Centre
9am to 3pm

 Morning tea, afternoon tea
and free water bottle included.

 Children will be fully
supervised and no pass outs
available. Ages 5 to 12 years.
Cost: \$75 per day.

 Sibling discount: Pay \$55
for second child per family.

 Three-day super special: Book
three days for \$200
per child, saving \$25.

 To book, call 0438 207 103
or 4304 7039, or visit
[www.facebook.com/
grasshoppercc](http://www.facebook.com/grasshoppercc)
**Skate, Scoot &
BMX Skills
Development
Run by Slam
Factory Coaches**

The Entrance

 12pm to 1pm: Ages 5+
Beginner Scooter Skills

 1pm to 2pm: Ages 12+
Intermediate Scooter Skills

*This workshop is to improve
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 2pm to 3pm: Ages 5+
Beginner Skate Skills

*Want to learn how to drop
into the bowl? Try this beginner
workshop.*

 3pm to 4pm: Ages 12+
Intermediate Skate Skills

*This workshop is for young
people who would like to
improve their skills.*

To book, call 4325 8102.

DJ Bootcamp

 The Hub, Erina
1pm to 4pm

 Day 1 of a 2 day intensive
training session in the
fundamentals of DJing.
Ages 12+.

Cost: \$40 (2 workshops).

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
Mixed Martial Arts

 The Hub, Erina
4pm to 5pm

 Increase your fitness, learn
the art of self-defence, build
self-discipline, and develop
your self-confidence and sense
of community. Ages 12 to 18
years. Cost: Free.

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
FRIDAY 30
**Vocal Master
Class Workshop**

The Hub, 10am to 12pm

 This workshop is for singers
looking to prepare for
auditions, for performances,
or for the recording studio.

Ages 7 to 24 years. Cost: \$20.

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
**Solo Artist and
Bands: Free
Recording Day**

 Kincumber Youth
Centre, 11am to 4pm

 Whether you are a band, solo
artist or rapper, come and
record your songs for free!
Ages 11+ years.

 To book your session time,
call 4325 8102.

Anime Workshop

 Kariong Youth Centre
10am to 12pm

 Kariong Library and the Youth
Centre presents Matthew Lin -
well-known artist and
illustrator - to show you how
to draw your own anime
characters. Ages 9 to 15 years.

 To book, call 4325 8155 or
4304 7039.

DJ Bootcamp

The Hub, 1pm to 4pm

 Day 2 of a 2 day intensive
training session in
the fundamentals of DJing.
Ages 12+.

Cost: \$40 (2 workshops).

 To book, call 4304 7071 or
email [jennifer.dias@
centralcoast.nsw.gov.au](mailto:jennifer.dias@centralcoast.nsw.gov.au)
Coding Club

 Kariong Youth Centre
1pm to 3pm

 This workshop will help
young people learn to reason
systematically and think
creatively using interactive
media, stories, games and
animation. Cost: Free.

To book, call 4304 7039.

**Community
Movie Night**

 Kincumber Youth
Centre, 6pm

 Bring your own comfy chairs
down to the centre for a
moving screening from 6pm.

For enquiries, call 4325 8102.

Battle of the Bands

 The Hub, Erina
6.30pm to 9pm

 Hear some great locals musos
battle it out. Cost: \$5.

Youth Services School Holiday Program

OCT

September 26 -
October 7 2016

MONDAY 3

CLOSED Public Holiday

KARIONG YOUTH CENTRE

98 Mitchell Drive,
Kariong

At Kariong Youth Centre, youth workers are available for referral and support from 10am to 2pm, by appointment.

Our youth workers can offer school-based programs, including support programs, high school transition, and are available to run programs addressing specific issues with targeted students. Please contact us to find out more.

FOR MORE INFORMATION

Phone 4304 7039 or email michelle.tilden@centralcoast.nsw.gov.au

KINCUMBER YOUTH CENTRE

Off Kincumber Street,
Kincumber (opp. Kincumber High School)

At Kincumber Youth Centre, youth workers are available for referral and support from 10am to 2pm, by appointment.

Our youth workers can offer school-based programs, including support programs, rock and water, and high school transition programs for Year Six students.

The centre is also available for hire.

FOR MORE INFORMATION

Phone 4325 8102 or email haley.burgess@centralcoast.nsw.gov.au

THE HUB, ERINA

North South Road,
Erina Fair (near the yellow carpark)

The Hub Youth Entertainment Venue offers structured programs, drop-in activities, SeaFM Discovered, Film Global, Battle of the Bands and special holiday activities. They also offer information and referrals for young people, and the venue is available for hire. Please contact us to find out more.

FOR MORE INFORMATION

Phone 4304 7071, email jennifer.dias@centralcoast.nsw.gov.au or visit www.thehuberina.com

Central
Coast
Council

TUESDAY 4

Grasshopper Soccer Holiday Fun Days

Kariong Youth Centre
9am to 3pm

Morning tea, afternoon tea and free water bottle included. Children will be fully supervised and no pass outs available.

Ages 5 to 12 years.
Cost: \$75 per day.
Sibling discount: Pay \$55 for second child per family.
Three-day super special: Book three days for \$200 per child, saving \$25.

To book, call 0438 207 103 or 4304 7039, or visit www.facebook.com/grasshoppercc

Music Jam Workshop

Kincumber Youth Centre

12pm to 3pm

Want to learn a musical instrument? Sign up for a one-on-one session.
Ages 10+ years.

To book, call 4325 8102.

Dance Off: Dance Masterclass

The Hub, Erina
1pm to 3pm

Ages 7+ years.

Cost: \$15.

To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Scooter Skills Workshops

Kariong Skate Park,
Mitchell Drive

Beginner: Ages 5+ years

12pm to 1.30pm

Intermediate
1.30pm to 3pm

Cost: Free.

To book, call 4304 7039.

T-Shirt Making

Kincumber Youth Centre, 1pm to 2.30pm

Create your own custom t-shirt, in a design you love.
Ages 8+ years.

Cost: \$3.

Limited spots available -
to book, call 4325 8102.

WEDNESDAY 5

DJ Bootcamp

The Hub, Erina
9am to 12pm

Day 1 of a 2 day intensive training session in the fundamentals of DJing.

Ages 12+.

Cost: \$40 (2 workshops).

To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Bricks For Kidz

Kariong Youth Centre
10am to 12pm

Join us for an awesome mining and crafting LEGO® brick workshop, where education and learning is all about creativity and fun.

Ages 5 to 12 years.

Cost: \$15 per child.

To book, visit www.bricks4kidz.com.au
For enquiries, call 0429 975 439 or 4304 7039.

Graffiti Workshop

Kincumber Youth Centre
10am to 12pm

Learn the techniques of graffiti art and create a cool artwork to take home.

Ages 9+ years.

Cost: Free.

To book, call 4325 8102.

Kariong Coding Club

Kariong Youth Centre
1pm to 3pm

This workshop teaches young people to share interactive media such as stories, games, and animation. It will help young people learn to think creatively and reason systematically.

Cost: Free.

To book, call 4304 7039.

Dance Off: Dance Masterclass

The Hub, Erina
1pm to 3pm

Ages 7+ years.

Cost: \$15.

To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Surf Skills

Soldiers Beach
1pm to 2.15pm

Sandra English will teach you the basics of surfing and surf safety.

Ages 10+ years.

Cost: \$10.

To book, call 4325 8102.

THURSDAY 6

DJ Bootcamp

The Hub, Erina
9am to 12pm

Day 2 of a 2 day intensive training session in the fundamentals of DJing.

Ages 12+.

Cost: \$40 (2 workshops).

To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Healthy & Happy: Kids Fit Camp

Kariong Youth Centre
9am to 12pm

Three hours of healthy fitness fun! Children will enjoy fun fitness drills, games, team challenges and get creative building an indoor obstacle circuit.

Ages 7+ years.

Cost: \$39 per child per workshop.

Book two or more workshops:

\$30 per child per workshop.

To book, call 0410 437 220

or 43047039 or email holistichealthandfit@gmail.com

Dance Off: Dance Masterclass

The Hub, Erina
1pm to 3pm

Ages 7+ years. Cost: \$15.

To book, call 4304 7071 or

email jennifer.dias@centralcoast.nsw.gov.au

Surf Skills

Avoca Beach
2pm to 3.15pm

Central Coast Surf Academy will teach you the basics of surfing and surf safety.

Girls Only

3pm to 4.15pm

Join this 'girls only' session with female instructor from Central Coast Surf Academy, who will teach you the basics of surfing and surf safety.

Ages 10+ years. Cost: \$10.

To book, call 4325 8102.

Mixed Martial Arts

The Hub, Erina
4pm to 5pm

Increase your fitness, learn the art of self-defence, build self-discipline, and develop your self-confidence and sense of community.

Ages 12 to 18 years.

Cost: Free.

To book, call 4304 7071 or

email jennifer.dias@centralcoast.nsw.gov.au

FRIDAY 7

Dance Off: Dance Masterclass

The Hub, Erina
1pm to 3pm

Ages 7+ years.

Cost: \$15.

To book, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Paper Planes

Kariong Youth Centre
2.30pm to 4pm

Make your own paper planes and fly them in a series of challenges.

Ages 8 to 12 years.

Cost: Free.

To book, call 4325 8155 or 4304 7039.

Under 18s Dance Party

Kincumber Youth Centre, 6pm

Enjoy a night of dancing and fun with your friends. For more information, check out our event partners website:

www.ovationsunder18s.com

Ages 8+ years.

Cost: \$5.

For enquiries, call 4325 8102.

SeaFM Discovered Semi Final 1

The Hub, Erina
6.30pm

A competition for unsigned singers. Join the audience Support your favourite performer.

Cost: \$5.

For enquiries, call 4304 7071 or email jennifer.dias@centralcoast.nsw.gov.au

Movie Night: Paper Planes

Kariong Library
7pm to 9pm

Bring a cushion and watch the movie Paper Planes. Popcorn and a drink provided at intermission.

Cost: Free.

To book, call 4325 8155 or 4304 7039.

Central Coast Run Jump Throw

2016-2017 Season



At CC Regional Athletics Centre, Wyong Road Mingara
Hosted by the Mingara Athletics Club Inc

FOR EVERYONE - all ages abilities to run, jump & throw and have fun on a regular basis.

September to March at the Mingara Athletics Track most Saturdays

The program starts at **8:30am**.

Age Groups: Point Score for your age group for your age on 30 September
The runs, jumps & throws are divided into 7 event categories.
Under 10 Each event category has a points score for each age group.
10 to 13 You can enter any event and any event category.

14 to 16	Cross Country:	Roughly 2km
17 to 20	Throws:	Javelin, Shot Put & Discus
Open	Sprints:	100m, 60m & 200m
40 to 49	Jumps:	Long Jump, High Jump & Triple Jump
50 to 59	Middle Distance:	800m, 400m & 600m
60+	Distance & Walks	3km, 1km & 1500m

Pre-season and Rego Days			
Sep 10 & 17, Oct 1	A, B, C		
Points Score Rounds			
15 Oct	A	3 Dec	C
22 Oct	B	7 Jan	A
29 Oct	C	14 Jan	B
5 Nov	A	28 Jan	C
12 Nov	B		
24 Dec	Christmas BBQ & A		
4 Feb	Non-points B		
11 Feb	Awards & BBQ & C		
Non-Points End of Season			
4 Mar	A	18 Mar	B

New in 2016/2017:

Double Points in January

Revised timetable – Distance on earlier

Program	A	B	C
Rego	8:30	8:45	8:45
8:45			
9:00	1 km	3 km	1500
9:00	Javelin	Shot	Discus
9:15	XC-A	XC-B	XC-C
9:30	100	60	200
10:00	Long	High	Triple
10:15	800	400	600
10:30	2x200	4x100	4x100
10:45	Chippy 50m		

CCRJT 2016/17 Fees

No changes for Daily Fees for General Members

Mingara Athletic Club ANSW Members & Little A Members with MAC Senior Club		
	Annual Member	General Member
Seniors	\$90	\$10 membership plus \$6 per meet
U20/Students/Pensioners	\$70	\$10 membership plus \$4 per meet
Family (within reason)	\$230	\$20 membership plus \$15 per meet

Central Coast Run Jump Throw only Members		
	Annual Member	General Member
Seniors	\$110	\$20 membership plus \$6 per meet
U20/Students/Pensioners	\$75	\$15 membership plus \$4 per meet
Family (within reason)	\$260	\$40 membership plus \$15 per meet



Wamberal Surf Life Saving Club 2016 Registration Information

BECOME A WAMBERAL NIPPER

Our Junior Activities Program or 'NIPPERS' (5 - 14yrs) is a great opportunity for families to become involved in Surf Life Saving. More importantly however, Nippers teaches kids how they can help themselves and their friends stay safe at the beach while having heaps of fun along the way.

Nippers is held on Sunday mornings throughout summer and teach invaluable surf safety and lifesaving skills. Come along to our registrations to find out more.

BECOME A WAMBERAL LIFE SAVER

Our Life Savers (15 years and up) provide 5-8 hours a month during summer patrolling the beach. It's satisfying, fun and rewarding. You can lead a fit and healthy lifestyle and become trained in aquatic safety skills, compete in surf sports and you may even help save someone's life. Come along to our registration day to find out more and join WSLSC.

REGISTRATION DAY

Sunday 18th September, 9am – 12pm

Wamberal SLSC, 1 Dover Road Wamberal

Or join online: <https://sls.com.au/join/>

For more information please contact Wamberal Surf Life Saving Club

P: 02 4385 2322 or E: admin@wamberalsurfclub.com



Please bring birth certificate or passport for proof of age and ID.

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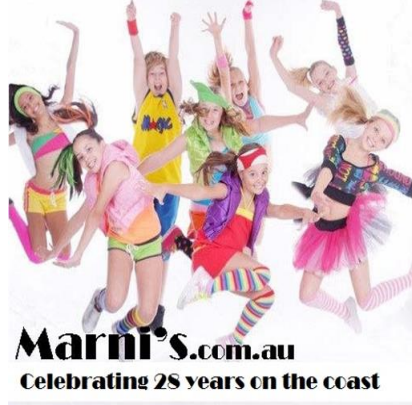
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Marni's Studio of Performing Arts



* Studios @ Terrigal, Berkley Vale and Narara

* Classes are held at Terrigal Primary and Terrigal Scout Hall on Wednesday afternoons


* All ages welcome from Pre-School to High School

* Jazz, Contemporary, Hip-hop, Classical Ballet, Tap, boys only classes

Ph 43336232 or 0412700052 for more information

Marni's.com.au
 Celebrating 28 years on the coast

Pirates Baseball Club



Pirates Baseball Club are looking for junior players for Under 8s, Under 10s, Under 12s & U14s teams. We are also looking for players over the age of 14 for our 5th - 1st grade teams.

Registration Days
Sunday 4th, 11th, 18th & 25th of September
10am to 12 at Adcock Park West Gosford

For further enquiries;
 Juniors contact Belinda Carr on 0416 100411
 Seniors contact Phil Davidson on 0407 700608
 For more information go to our Facebook page or www.gosfordpiratesbaseball.com

